



In the Loop

Monroe West Monroe Business & Professional Women

www.monroe-westmonroebpw.org

Member of the Louisiana Federation

March 2022-May 2022



Women's History Business Showcase - International Women's Day was celebrated on March 8, 2022. We hosted a Business Showcase at Tower Place on North 19th Street. It was a stormy evening, but the attendees enjoyed the food and had lots of fun. A great big thank you to JP Morgan Chase, Chico's, Ochsner LSU Health, State Farm Agent, Peggy Sullivan and Mary Kay Consultant, Emma Jones-Blackshire for donating the door prizes and swag bag items.



Helen Jackson of New Thinking-No Excuses, left, Chastity Butler of CA Butler Consulting, center and Missy Roberston of Macaroni Kid, sharing information about their businesses.



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Door prizes!!!!



Monroe Chamber of Commerce Annual Banquet March 10



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Dates to Remember

June

10-11 – State Conference- Baton Rouge
14- Monthly Meeting

July

12-Monthly Meeting
16 – Camp BPW -Saul Adler Recreation Center

August

6-Breakfast
9-Monthly Meeting
26- Women's Equality Day

September

13-Monthly Meeting
25-Gold Star Families Day

October

16-22-National Business Women's Week
Details to come.

Southwest Central District Meeting, March 12 - Alexandria hosted the Spring District Meeting on ZOOM. Past State President Delia Flynn welcomed the attendees on behalf of Alexandria LO. In addition to the Local and District reports, remarks were made by State President Gwen Amelin, State Vice President, Lisamarie Brandon gave an update on the vacancies on the Board of Directors and her plans as incoming president. Other reports included a legislative update, the Agnes Morris Education Scholarship Fund and financial and membership reports. The officers for the District were returned unopposed. An invitation was extended by the Lake Charles Local to join them for the Fall District Meeting. Monroe was represented by Gwen Amelin, Bremda Sheppard-Nelson, Teresa Brooks, Vicki Crist, Sheila Clark-Mims and Angie Jackson-Wilson.

The District offered congratulations for a successful year to the outgoing members of the 2021-2022 Board of Directors. Delia Flynn of Alexandria, Pat Moses Howard of Lake Charles, Linda Burns of Oakdale and Gwen Amelin, Sheila Clark-Mims, Vicki Crist, Angie Jackson Wilson of Monroe West Monroe.



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Personal Growth Track 1	Professional Development Track 2	Cultural Awareness Track 3
Panel 1 (1:15 - 2:00 PM) Makin' it Work Panelists: Alpa Patel Kathy Brown Katherine Spires	Panel 1 (1:15 - 2:00 PM) Lateral Mentors Panelists: Sylvia Malta Kirsten Gladden Kelsea McCrary	Panel 1 (1:15 - 2:00 PM) In the Sandbox Panelists: Lyla Corkern Nadia Morris Dr. Tonya Hawkins Hunter
Panel 2 (2:15 - 3:00 PM) Treat yo' self Panelists: Mary Francis Siggers Jo Ellen Gilliland Allie Lee	Panel 2 (2:15 - 3:00 PM) Dare to Lead Panelists: Wendi Tostenson Allison Johnson Delia Simpson	Panel 2 (2:15 - 3:00 PM) Communicating across Boundaries Panelists: Michelle Martin Stacy Gibson Miranda Robinson
Panel 3 (3:15-4:00 PM) Taking a Step Back to Move forward Panelists: Yuki KC Sarah Floyd Asja Jordan	Panel 3 (3:15-4:00 PM) How to make money moves as a female entrepreneur/business owner Panelists: Ashley Ambrew Asha Johnson Jodee Bruyninckx	Panel 3 (3:15-4:00 PM) Equality and Power Dynamics in the Workplace Panelists: Rebecca Mixon Erika Cheung Keri King

ULM 2022 Women's Symposium, March 16. Dr. Valerie Fields and Dr. Allison Franzen-Camacho. Schedule for the day.

Leslie Durham, Delta Regional Authority Alternate Federal Co-Chairwoman, was the Keynote Speaker! She was appointed Delta Regional Authority Alternate Federal Co-Chairwoman by President Joseph R. Biden on October 22, 2021.



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New Members Breakfast - We hosted a breakfast Meet and Greet for New Members on April 02 in the 1st Floor Conference Room of Stubbs Hall at ULM. Our version of BPW Bingo gave members the opportunity to mix and mingle and get to know one another. Welcome to all of our new members, we are glad to have you join us. Vicki Crist is the Membership Committee Chair.

BUILDING POWERFUL WOMEN



Business and
Professional
Women

PROFESSIONALLY | POLITICALLY | PERSONALLY

Monroe/West Monroe



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Monroe - West Monroe Business and Professional Women

Leadership Program for Young Ladies

CAMP BPW

JULY 16, 2022 FROM 8:30 AM – 3:00 PM

Camp BPW is a *free* one-day program for young ladies *ages 14-18* interested in learning about real-world strategies designed to prepare them for adult life.

The Camp will be offered to 30 young ladies.

It will be held on at the Saul Adler Recreation Center.

Deadline for applications is June 11, 2022



The leadership camp
will explore the follow:

Goal Setting

Career Preparation

Financial Literacy

Team Building

Dressing for Success
and much more.

CONTACT PERSON:

BRENDA SHEPPARD-
NELSON

318 345 – 9344

or

bsheppardnelson@yahoo.com

Come join the excitement!



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Camp BPW - We are looking forward to once again hosting a day camp for young ladies. Camp BPW will allow the attendees to hear from phenomenal presenters and the keynote is a teen, who is also an entrepreneur. We have secured some great sponsorships, but we are not done yet. Help make this a great experience. First and foremost, we look forward to the members showing up to act as chaperones for the day. Secondly, we need help in securing items suitable for teen girls for the swag bags. Committee Chair is Brenda Sheppard-Nelson

Welcome New Members

Tiffany Anderson
Darian Atkins
L Marie Brown
LaKisha Garret-Iseah
Beverly Lewis

Welcome Back

Terri Love
Evelyn Rankins-Aubrey



March
30 - Vicki Crist

April
5 - Teresa Brooks
8 - John Wilson
10 - L Marie Brown
23 - Courtney McDaniel

Scholarships

Monroe West Monroe BPW
[Monroe-West Monroe Business & Professional
Women Scholarship - ULM](#)

Louisiana BPW
LSU
[Contact LSU](#)

Agnes Morris Education Scholarship
BPW LA - **Members Only**
[Louisiana Federation of Business and Professional
Women - Scholarship](#)

Congratulations!

2022-2023 Officers

President - Angie Jackson-Wilson
Vice President - Gwen Amelin
Secretary - Courtney McDaniel
Treasurer - Vicki Crist



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American Heart Association Heart Walk, May 7 – BPW Monroe won the trophy for the company that raised the most money. Thank you to the walkers and the supporter for your generous donations to the American Heart Association. In addition to walking, we also learnt life saving techniques as demonstrated on the right by Teresa Brooks.